

## **ALCOHOL SCREENING QUESTIONNAIRE**

As part of our ongoing programme to improve the health of our patients, we undertake certain initiatives from time to time within the practice.

Currently we are looking at alcohol intake, since this can have a significant impact on health and social well-being.

If you answer “yes” to the question “Do you drink alcohol?” Please take a moment to complete the questionnaire overleaf and add up your score

Hand completed forms to the receptionist and, if your score was 3 or more, please take a second form from the box.

All responses are dealt with confidentially and only for use within the Practice

**NAME :**

**Date of birth:**

**FAST scoring key**

For the following questions please tick the answer which best applies.

**1 drink = 1/2 pint of beer or 1 glass of wine or 1 single spirits**

MEN: How often do you have EIGHT or more drinks on one occasion?

WOMEN: How often do you have SIX or more drinks on one occasion?

0       1                       2                       3                       4   
Never      Less than monthly      Monthly      Weekly      Daily or almost daily

**2.** How often during the last year have you been unable to remember what happened the night before because you had been drinking?

0       1                       2                       3                       4   
Never      Less than monthly      Monthly      Weekly      Daily or almost daily

**3.** How often during the last year have you failed to do what was normally expected of you because of drinking?

0       1                       2                       3                       4   
Never      Less than monthly      Monthly      Weekly      Daily or almost daily

**4.** In the last year has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

0                       2                       4   
No                      Yes, on one occasion                      Yes, on more than one occasion

If your total score is more than 3, you may wish to explore your alcohol use further. Please take a leaflet from the box at reception and if you would like to discuss any issues this may raise you can speak to the doctor or nurse at your convenience.